HEALTHIER FOOD CHOICES FOR VENDING MACHINES
American Heart Association Healthy Vending Standards

SNACKS

FRESH FRUITS
- Apples (whole or sliced in packages)
- Bananas (whole)
- Berries (all kinds)
- Clementines
- Cut up fruit (melon, pineapple chunks)
- Del Monte Apple Slices 5 oz
- Del Monte Gold Extra Sweet Pineapple Chunks & Grapes 5 oz
- Del Monte Whole Fresh Bananas
- Grapes
- Mott’s Sliced Apples 2 oz
- Nectarines (whole or sliced in packages)
- Oranges (whole or sliced in packages)
- Peaches (whole or sliced in packages)
- Pears (whole or sliced in packages)
- Peterson Farms Apple Slices 2 oz
- Ready Pac Ready Snax Antioxidant Berry Blend Snack Cups 4 oz
- Ready Pac Ready Snax Fresh-Cut Fruit Cups 5 oz (all varieties)
- Woot Froot Red Grapes 3 oz
- Woot Froot Sliced Nectarines 3 oz
- Woot Froot Sliced Peaches 3 oz
- Woot Froot Sliced Pears 3 oz

FRESH VEGETABLES
- Baby-cut carrots
- Celery sticks
- Grape or cherry tomatoes
- Grimmway Farms Ready to Eat Snack Pack Baby Carrots 3 oz

APPLESAUCE, FRUIT CUPS & FRUIT POUCHES
- Del Monte No Sugar Added Fruit Cup Snacks 3.75-4 oz (all varieties)

FRUIT BARS
- Oskri Date Bars 1.9 oz
- Oskri Fig Bars 1.9 oz
- Oskri Fruit Bars 1.23 oz (Apricot, Blueberry, Cherry, Cranberry, Peach)
- That’s It! Fruit Bars 1.2 oz (all varieties except Apple + Coconut)

DRIED FRUIT
- Bare Snacks Apple Chips 0.5 oz or 1.7 oz (all varieties)
- Brothers All Natural Fruit Crisps 0.26-1 oz (all varieties)
- Crispy Green Crispy Fruit 0.36 oz (all varieties)
- Crunchies Freeze-Dried Fruit 1 oz or 1.2 oz (all varieties)
- Funky Monkey Freeze-Dried Crunchy Fruit 1 oz (all varieties)
- Sensible Foods All-Natural Crunch Dried Snacks 0.32-0.37 oz (all varieties)
- Sensible Foods Organic Apple Harvest Crunch Dried Fruit 0.32 oz
- Sun-Maid Raisins 6-Pack 1 oz
- Sun-Maid Raisins Mini-Snacks 0.5 oz

These items are examples of products. The American Heart Association does not endorse specific brands.
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### GRANOLA/BREAKFAST BARS
- Betty Crocker Double Chocolate Oatmeal Bar 1.24 oz
- Cascadian Farm Organic Crunchy Granola Bars 1.42 oz (all varieties except Peanut Butter)
- Cascadian Farm Organic Soft Baked Squares 1.24 oz (all varieties except Oats & Chocolate)
- Kashi Chewy Granola Bars 1.2 oz (all varieties)
- Kashi Crunchy Granola & Seed Bars 1.4 oz (all varieties except Chocolate Chip Chia)
- Kashi Organic Chewy Granola & Seed Bars 1.2 oz (Blueberry Almond, Dark Chocolate Pomegranate)
- Kashi Peanutty Dark Chocolate Layered Granola Bars 1.1 oz
- Kellogg's Cocoa Krispies Chocolate Chewy Granola Bars 1.4 oz (all varieties)
- Kellogg’s Nutri-Grain Breakfast Biscuits 1.4 oz (all varieties except Chocolate Chip)
- Kellogg’s Rice Krispies Chewy Granola Bars 1.27 oz (all varieties)
- KIND Healthy Grains Bars 1.2 oz (all varieties except Dark Chocolate Chunk and Oats & Honey with Toasted Coconut)
- KIND Popped Healthy Grains Bars 1.2 oz (all varieties)
- General Mills Apple Cinnamon Cheerios Cereal Bar 1.42 oz
- General Mills Cinnamon Toast Crunch Cereal Bar 1.42 oz
- General Mills Cocoa Puffs Cereal Bar 1.42 oz
- General Mills Fruity Cheerios Cereal Bar 1.42 oz
- General Mills Golden Grahams Cereal Bar 1.42 oz
- General Mills Team Cheerios Strawberry Cereal Bar 1.42 oz
- General Mills Trix Cereal Bar 1.42 oz
- Nature Valley Chewy Trail Mix Granola Bars 1.1-1.2 oz (all varieties)
- Nature Valley Soft-Baked Oatmeal Squares 1.24 oz (Blueberry, Cinnamon Brown Sugar)

### COOKIES
- J&J Snack Foods BenefIT READI-BAKE Pre-Packaged Grahams & Crackers 1 oz (all varieties)
- Skeeter Snacks Nut Free Grahams 1-1.2 oz (all varieties except Chocolate)

### CHIPS & PRETZELS
- General Mills Simply Chex 0.92-1.03 oz (all varieties)
- Glenn's Whole Wheat Popped Crispy Chips 1 oz (Barbecue, Sea Salt)
- Lay's Oven Baked Barbecue Flavored Potato Crisps 7/8 oz or 1 1/8 oz
- Lay's Oven Baked Original Potato Crisps 7/8 oz or 1 1/8 oz

### CEREAL
- General Mills Apple Cinnamon Cheerios Bowlpak Cereal 1 oz
- General Mills Berry Berry Kix Bowlpak Cereal 0.69 oz
- General Mills Cheeries Bowlpak Cereal 0.68 oz or 1 oz
- General Mills Cinnamon Chex Bowlpak Cereal 1 oz
- General Mills Cinnamon Toast Crunch 25% Less Sugar Bowlpak Cereal 1 oz
- General Mills Cinnamon Toast Crunch Bowlpak Cereal 1 oz
- General Mills Cocoa Puffs 25% Less Sugar Bowlpak Cereal 1.06 oz
- General Mills Country Corn Flakes Bowlpak Cereal 0.68 oz
- General Mills Frosted Corn Flakes Bowlpak Cereal 1 oz
- General Mills Fruity Cheerios Bowlpak Cereal 1.12 oz
- General Mills Golden Grahams Bowlpak Cereal 1 oz
- General Mills Honey Kix Bowlpak Cereal 0.68 oz
- General Mills Honey Nut Cheerios Bowlpak Cereal 1 oz
- General Mills Honey Nut Chex Bowlpak Cereal 1.13 oz
- General Mills Kix Bowlpak Cereal 0.62 oz
- General Mills Multigrain Cheerios Bowlpak Cereal 1 oz
- General Mills Reese's Puffs Bowlpak Cereal 1 oz
- General Mills Rice Chex Bowlpak Cereal 0.68 oz
- General Mills Rice Crunchins Bowlpak Cereal 0.75 oz
- General Mills Total Raisin Bran Bowlpak Cereal 1.19 oz
- General Mills Trix 25% Less Sugar Bowlpak Cereal 1 oz
- General Mills Trix Bowlpak Cereal 1 oz

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Kashi Honey Sunshine Bowl Pack 1 oz
Kellogg’s All-Bran Complete Wheat Flakes Bowl Pack 0.875 oz
Kellogg’s Cinnamon Flakes Multigrain Reduced Sugar Bowl Pack 1 oz
Kellogg’s Frosted Flakes Choco Zucaritas Multi-Grain Reduced Sugar Bowl Pack 1 oz
Kellogg’s Frosted Flakes Multi-Grain Reduced Sugar Bowl Pack 1 oz

BEVERAGES

BOTTLED WATER
Aquafina 20 fl oz
Arrowhead 100% Mountain Spring Water 8 fl oz, 12 fl oz, or 20 fl oz
Dasani Purified Water 12 fl oz, 500 ml (16.9 fl oz), or 20 fl oz
Deer Park 100% Natural Spring Water 8 fl oz, 500 ml (16.9 fl oz), or 20 fl oz
Evian Natural Spring Water 330 ml (11.15 fl oz) or 500 ml (16.9 fl oz)
FIJI Water 330 ml (11.15 fl oz) or 500 ml (16.9 fl oz)
Glacéau Smartwater 500 ml (16.9 fl oz) or 20 fl oz
Poland Spring 100% Natural Spring Water 8 fl oz, 500 ml (16.9 fl oz), or 20 fl oz
Sky Springs Rain 500 ml (16.9 fl oz)
Volvic Natural Spring Water 500 ml (16.9 fl oz)
Zephyrhills 100% Natural Spring Water 8 fl oz, 12 fl oz, or 500 ml (16.9 fl oz)

SPARKLING/FLAVORED WATER
Aquafina FlavorSplash 500 ml (16.9 fl oz) or 20 fl oz (all varieties)
Ayala’s Herbal Water Sparkling 16 fl oz (all varieties)
Ayala’s Herbal Water Still 16 fl oz (all varieties)
Dasani Natural Flavored Water Beverages 20 fl oz (all varieties)
Glacéau Vitaminwater Zero 20 fl oz (all varieties)
LaCroix Cúrate Sparkling Water 12 fl oz (all varieties)
LaCroix LaCola NiCola Sparkling Water 12 fl oz
LaCroix Sparkling Water 12 fl oz (all varieties)
Perrier Sparkling Natural Mineral Water 200 ml (6.75 fl oz), 8.45 fl oz, 330 ml (11.15 fl oz), or 500 ml (16.9 fl oz)
Polar Frost Sparkling Water 17 fl oz (all varieties)
Polar Seltzer Water 8 fl oz, 12 fl oz, 500 ml (16.9 fl oz), or 20 fl oz (all varieties)
SoBe Lifewater 20 fl oz (all varieties)

100% FRUIT JUICE
Capri Sun 100% Juice 6 fl oz (all varieties)
Juicy Juice 100% Juice 6.75 fl oz or 10 fl oz (all varieties)
Minute Maid 100% Apple Juice 10 fl oz
Minute Maid 100% Juice Fruit Punch 10 fl oz
Minute Maid 100% Juice Grape 10 fl oz
Minute Maid 100% Juice Mixed Berry 10 fl oz
Minute Maid 100% Orange Juice 10 fl oz
Minute Maid 100% Pure Apple Juice 11.5 fl oz
Mott’s 100% Juice Fruit Punch 6.75 fl oz
Mott’s 100% Original Apple Juice 8 fl oz
Snapple 100% Juiced 11.5 fl oz (all varieties except Orange Mango)
Tropicana 100% Apple Juice 10 fl oz
Tropicana 100% Orange Juice 10 fl oz
Tropicana Orchard Style Apple Juice 12 fl oz
Veryfine 100% Apple Juice 8 fl oz, 10 fl oz, or 11.5 fl oz
Veryfine 100% Juice Blend Apple Strawberry 11.5 fl oz
Veryfine 100% Juice Blend Fruit Punch 8 fl oz, 10 fl oz, or 11.5 fl oz
Veryfine 100% Juice Blend Krazy Kiwi 11.5 fl oz
Veryfine 100% Juice Blend Twisted Cherry 8 fl oz or 11.5 fl oz
Veryfine 100% Orange Juice 8 fl oz, 10 fl oz, or 11.5 fl oz
Welch’s Fruit Shot 100% Juice White Grape Passion Fruit 5.5 fl oz

100% VEGETABLE JUICE
V8 Low Sodium 100% Vegetable Juice 5.5 fl oz or 11.5 fl oz

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### MILK & NON-DAIRY MILK
- Nestlé Nesquik Chocolate Low Fat Milk [100 Calories No Sugar Added](8 fl oz)
- Organic Valley Good to Go Lowfat Milk [11 fl oz]
- Silk Chocolate Soymilk [8 fl oz]
- Silk Very Vanilla Soymilk [8 fl oz]
- Soy Dream Enriched Original Soymilk [8 fl oz]
- Soy Dream Enriched Vanilla Soymilk [8 fl oz]
- Sunrich Naturals Original Soymilk [8 fl oz]
- Sunrich Naturals Vanilla Soymilk [8 fl oz]

### JUICE DRINKS
- Diet Brisk Sugar Free Lemonade Juice Drink [12 fl oz]
- Minute Maid Light Lemonade [12 fl oz]
- Ocean Spray Diet Cran-Grape Juice Drink [10 fl oz]
- Ocean Spray Diet Cranberry Juice Drink [10 fl oz]
- Ocean Spray Diet Sparkling Cranberry [8.4 fl oz]
- Snapple Diet Cranberry Raspberry [16 fl oz]
- Sunkist Diet Sparkling Lemonade [12 fl oz]

### SPORTS DRINKS
- Powerade Zero [12 fl oz or 20 fl oz (all varieties)]
- Propel Zero Calories [16.9 fl oz (all varieties)]

### LOW-CALORIE SODA
- 7-Up Ten [12 fl oz, 16 fl oz, or 20 fl oz]
- A&W Ten [12 fl oz, 16 fl oz, or 20 fl oz]
- Canada Dry Diet Ginger Ale [7.5 fl oz, 8 fl oz, or 12 fl oz]
- Coca-Cola Cherry Zero [12 fl oz, 16 fl oz, or 20 fl oz]
- Coca-Cola Vanilla Zero [12 fl oz or 20 fl oz]
- Coca-Cola Zero [7.5 fl oz, 12 fl oz, or 20 fl oz]
- Coca-Cola Zero Caffeine Free [12 fl oz or 20 fl oz]
- Diet 7-Up [7.5 fl oz, 8 fl oz, 12 fl oz, 16 fl oz, 16.9 fl oz, or 20 fl oz]
- Diet 7-Up Cherry [12 fl oz or 20 fl oz]
- Diet A&W Cream Soda [12 fl oz or 20 fl oz]
- Diet A&W Root Beer [7.5 fl oz, 8 fl oz, 12 fl oz, 16.9 fl oz, or 20 fl oz]
- Diet Coke [7.5 fl oz, 12 fl oz, 16 fl oz, or 20 fl oz]
- Diet Coke Caffeine Free [12 fl oz or 20 fl oz]
- Diet Coke Cherry [12 fl oz or 20 fl oz]
- Diet Coke Lime [12 fl oz or 20 fl oz]
- Diet Coke with Splenda [12 fl oz]
- Diet Dr Pepper [7.5 fl oz, 8 fl oz, 12 fl oz, 14 fl oz, 16 fl oz, 16.9 fl oz, or 20 fl oz]
- Diet Dr Pepper Caffeine Free [12 fl oz or 16.9 fl oz]
- Diet Dr Pepper Cherry [12 fl oz, 16 fl oz, or 20 fl oz]

### TEAS
- Brisk Diet Iced Tea [12 fl oz]
- Jade Monk Unsweetened Matcha Green Tea [12.5 fl oz]
- Lipton Diet Mixed Berry Green Tea [16.9 fl oz]
- Lipton Diet White Tea with Raspberry Flavor [16.9 fl oz]
- Nestea Diet Green Tea with Citrus [23 fl oz]
- Nestea Diet Iced Tea with Lemon [23 fl oz]
- Snapple Diet Half ‘N Half [11.5 fl oz, 12 fl oz, 16 fl oz, or 20 fl oz]
- Snapple Diet Tea [11.5 fl oz, 12 fl oz, 16 fl oz, or 20 fl oz (all varieties)]
- Snapple Diet Trop-A-Rocka Tea [16 fl oz]
- Snapple Straight Up Unsweetened Tea [18.5 fl oz]

### COFFEE
- Illy Issimo Caffé No Sugar Low Calorie Coffee Drink [6.8 fl oz]

This list was compiled in 2016, and availability of certain items might vary.