Unhealthy prison food punishes us all.

Some correctional facilities spend less than a dollar per prisoner, per meal, resulting in meals that are extremely low in quality and nutritional value, and contain high levels of cholesterol, sodium and sugar — factors that lead to type II diabetes and heart disease.

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PEOPLE IN PRISON
People in prison already suffer higher levels of chronic diseases, based largely on racial and poverty inequities. Low quality foods increase and exacerbate those conditions.

TAXPAYERS

$125,000 PER PERSON EACH YEAR IN PRISON
Treating chronic diseases increases state health care costs. And nutritionally bad food makes health outcomes and costs worse.

COMMUNITIES

641K people released annually.
Health problems that arise while in custody follow people throughout their life, affecting our families and communities.

1. themarshalphotography.org, “What’s in a Prison Meal?”, 2015
2. Medical Problems of State and Federal Prisoners and Jail Inmates
3. American Diabetes Association, 2013 (Avg. custody duration 39 mos.)
4. Prison Policy

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